



# **Dads in the Workplace**

The Support for Fathers project has developed the Dads in the Workplace program for employers and workplaces across Australia to support dads and their families.

Support for Fathers is a national project, delivered by Relationships Australia Victoria, and funded by the Australian federal government. We provide dads and father-figures with options and information about fatherhood and healthy relationships. We also enable workplaces and organisations to engage and work with dads and families more effectively and support them through fatherhood. To learn more, visit <a href="https://www.supportforfathers.com.au">www.supportforfathers.com.au</a>.

## **The Program**

Support for Fathers works alongside employers to deliver Dads in the Workplace. Our program provides interactive, evidence-based workshops and peer sessions for dads and father-figures with options and information about fatherhood and healthy relationships.



#### **Objectives**

For employers to:

- Promote gender equity in families and workplaces
- Identify and recognise their employees that are dads and father-figures
- Create a supportive work environment for dads and father-figures
- Enable dads and father-figures to identify work and family needs

For dads and father-figures to:

- Promote gender equity in their family and workplace
- Discover different ways to be a dad and father-figure
- Create positive family relationships
- Identify work and family needs
- Establish supportive relationships with other dads and father-figures in the workplace

#### Delivery model

Our program is delivered over four (4) months for one (1) group of participants, includes:

- Four (4) x monthly DadStuff workshops facilitated by Support for Fathers
- Two (2) x bi-monthly DadTalk catch-ups facilitated by Support for Fathers
- Australia-wide, online and face-to-face where COVIDSafe
- Multiple programs can run for multiple groups concurrently





#### Optional delivery

- Monthly coaching sessions for individual dads and father-figures to work through their fathering and family goals with a Support for Fathers facilitator
- A customised DadStuff social media wall for your workplace, see our version here https://supportforfathers.com.au/dadstuffwall/

### DadStuff workshop (1 hour)

Interactive, evidence-based workshops for dads and father-figures to learn about fatherhood, options for being a dad, healthy family relationships, connecting with other dads and optional content about workplace initiatives. Participants receive resources, strategies and information developed by the *Support for Fathers* project. Workshops are delivered by experienced *Support for Fathers* facilitators. Maximum 40 participants per workshop.

#### DadTalk session (1 hour)

Sessions where dads and father-figures catch up, with no set agenda, to share dad stories. This means dads booking in time to have a chat about fatherhood and making it a regular thing over coffee or at lunch time. Sessions are led by the dads and a *Support for Fathers* facilitator. Maximum 40 participants per session.

## **Pricing schedule**

Service delivery	Cost	Other Information
DadStuff workshop 1 hour	\$950 per workshop (incl GST)*	Max 40 participants per
		workshop
DadTalk session 1 hour	\$950 per session (incl GST)*	Max 40 participants per
		workshop
Dad coaching services	\$165 per hour (incl GST)*	Delivered on a needs basis
Customised DadStuff social media wall	To be advised	Includes one-off cost to develop wall and annual subscription to 'Walls.io'

<sup>\*</sup> When delivered face-to-face additional travel and accommodation costs will apply

#### Contact us

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